

St. Leonard's Society of Toronto

St. Leonard's Society of Toronto (SLST) is dedicated to ensuring a safer community by providing programs and services to help people become responsible community members. It is our belief that the needs of our clients should always be addressed on an individual basis, in an atmosphere of mutual respect, understanding and dignity.

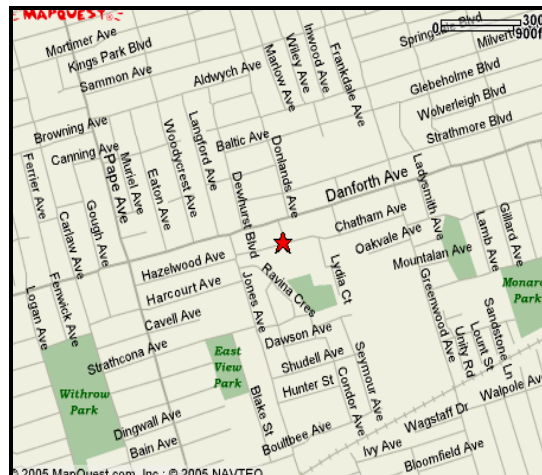
The primary focus of SLST is to provide crime prevention and educational support programs that are designed to ensure safer communities. Program elements are built on evidence-based research that assist persons in conflict with the law, ex-offenders and at-risk children and youth in effecting positive life changes.



St. Leonard's Society of Toronto

SNAP® is a registered trademark owned by the Child Development Institute (CDI), Toronto Canada and is being used under license by St. Leonard's Society of Toronto. The program is modeled after CDI's SNAP® Girls Connection. For more information on the SNAP® model please see

WWW.STOPNOWANDPLAN.COM



**50 Euston Avenue
(Donlands / Danforth)
Toronto, ON M4J 3N3**

**Phone: 647.348.4969
Fax: 416.462.3894
www.stleonardstoronto.com**

This project is partially funded through the Government of Canada's National Crime Prevention Strategy.



St. Leonard's Society of Toronto



**SNAP®
Girls Connection (GC)**

*SNAP® GC is an award winning
evidence-based program
for girls aged 6 to 11
with behavioural issues.*

**SLST SNAP® Line: 647. 348. 4969
Central Intake: 416. 654. 8989**

SNAP® Girls Connection

SNAP® Girls Connection

This program is for girls age 6-11 years who are experiencing behavioural problems at home, school, or in the community. Through individual and group work, the girls learn and practice self-control and problem solving skills. The program also helps parents to effectively monitor and guide their child's behaviour.

Eligibility

If a child under 12 is exhibiting difficulties in one or more of the following areas:

- Bullying
- Physically aggressive
- Non-Compliance
- Lack of Self-Control and Problem Solving Skills
- Trouble Keeping Friends
- Police Contact

The SNAP® Girls Connection can help.

SNAP® is owned by the Child Development Institute and is being used by St. Leonard's Society of Toronto under license.

SNAP™ Girls Connection Group

The girls attend group sessions once a week for 12 consecutive weeks. They participate in discussions and role plays which help them learn to regulate angry feelings by getting them to stop, think and plan positive alternatives before they act impulsively.

The SNAP® GC offers young girls with behaviour problems a gender specific, multifaceted intervention.

SNAP® Parent Groups

The parent's group runs concurrently with the child group. Parents learn effective child management and SNAP® strategies. The group also provides parents with an outlet to make connections with other parents facing similar challenges.

Homework Club

Provides academic support for children functioning well below grade level. Volunteer tutors provide one-to-one tutoring and assist with homework and assignments.

Individual Befriending

Provides the children in the GC group with individualized support from a caring adult mentor to stimulate recreational or community interests while reinforcing SNAP® strategies.

School Advocacy Services

Helps parents ensure that their children receive the best possible education.

Crisis Intervention

Provides counseling to parents and children in times of crisis. Whether the contact is by telephone, a home visit or at our program site, GC staff are available when needed.

Girls Growing Up Healthy (GGUH) and Long Term Connections

GGUH is a structured 8 session mother-daughter group designed to promote healthy communication and strong same-sex relationships. Additionally, we provide continued individual and family support nights.

Privacy

No information about you or your child will be shared without parental consent (unless required by law).

Costs

Funding from the National Crime Prevention Centre allows us to offer this voluntary service at no cost.

Child care for your other children is available at no cost while parents attend parent group meetings. Support with transportation to and from the child and parent sessions is available upon request.

Who can make a referral?

Referrals to the SNAP® Program typically come from:

- ◆ Police
- ◆ Self-referral (Parent/Guardian)
- ◆ Schools
- ◆ Child Welfare
- ◆ Mental health providers
- ◆ Family Doctors

The SNAP® GC is a voluntary service. Parents are encouraged to contact us at [647. 348. 4969](tel:647.348.4969) and ask for an Intake Worker. Teachers, social workers, police and other service providers may facilitate a referral with permission from the legal guardian.

The SNAP® Program is available throughout the city of Toronto. St. Leonard's focuses on referrals within the east end (east of Bayview Ave.) however, individual circumstances are always considered when exploring the ideal program site.

Our goal is for girls to stay in school and be successful.